

Athletics Society

Running for fun

Airbus once again fielded the biggest company team for the annual Blagnac run on 11 March. A record 90 runners represented central entity and there were 100 entrants from Airbus France. In total, more than 2,000 people took part in the race which is organised by the Blagnac Sportif Club and can be completed over a distance of 10km or 21km. Many of the runners taking part were members of the Airbus Athletics Society, which organises a number of races every month, along with supporting its members in their training programmes, as Guy Saigne, from the society explained. "The Athletics Society



Fun run: Members of Airbus' Athletics Society take part in the Blagnac run

is not about creating champions, we are looking to help people who would like to run for fun," he said. "With the help and support of other members, you can build up your training to cover any distance that you would like to achieve. It is highly motivating to have other people to run with and 40 of us are now regular marathon runners."

One member of the society, Vincent Rivolle recently took part in a 190km cross-country race through the Libyan desert, finishing in third place overall in a highly respectable time. And next year, another member Christian Robin is set to cycle from Paris to Beijing, a distance of over 19,000km, to arrive in time for the opening ceremony of the Olympic Games.

For Gustavo Garcia-Miranda who has been a member for 12 years, however, it is not about competition. The society supports his desire to keep fit and he likes to go training with colleagues during his lunch break. "It is not only a great way to keep fit," he said. "It also means I get to socialise with lots of different people from across Airbus and feel refreshed and ready for work again after lunch." Gustavo pointed out that his health has really benefited and this must benefit Airbus too, as he is hardly ever off sick!

To find out more about the Athletics Society contact Guy Saigne. ➔

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